



Athlete Code of Conduct

Ducks Volleyball Club is committed to providing a positive, inclusive, safe and rewarding volleyball experience.

As a Ducks athlete, you are expected to demonstrate **respect, teamwork, commitment and sportsmanship** and to support your teammates, coaches, officials and volunteers.

By participating in Ducks Volleyball Club programs or teams, athletes agree to the following expectations.

Athlete Commitments

1. Attendance & Participation

I will make every reasonable effort to attend scheduled training sessions, games, tournaments and team activities. If I am unable to attend, I will communicate with my coach as required.

When appropriate and reasonably possible, injured athletes may be expected to attend team activities for learning and continued involvement with the team.

2. Commitment & Focus

I will give my full attention and effort during practices, games and other Club activities. I will arrive prepared to participate and contribute positively to my team environment.

3. Respect & Sportsmanship

I will treat teammates, coaches, opponents, officials, volunteers, administrators, spectators and facility staff with respect.

I will demonstrate good sportsmanship and will not engage in bullying, harassment, discrimination, intimidation, abusive behaviour or other conduct that is inconsistent with Ducks or Volleyball BC standards.

4. Team Environment

I will contribute to a positive and inclusive team environment.

I will support my teammates and understand that athletes may have different roles, abilities, opportunities and developmental needs within a team.

I will respect coaching decisions concerning training, positions, lineups, substitutions, playing time and team strategy.



5. Injury, Illness & Safety

I will promptly tell my coach about an injury, illness or other condition that may affect my ability to safely participate in training or competition.

I will follow reasonable safety instructions provided by coaches, officials, facilities and the Club.

6. Coaching & Feedback

I understand that coaches will provide instruction, evaluation and constructive feedback to support my development as an athlete.

I will make a reasonable effort to listen, learn, ask appropriate questions and respond respectfully to coaching and feedback.

7. Concerns & Communication

If I have a concern about my volleyball experience, I am encouraged to communicate directly and respectfully with my coach whenever appropriate.

If the concern cannot be resolved, I will follow the **Ducks Volleyball Club Concerns, Complaints & Dispute Resolution Policy**.

I understand that safety concerns, suspected misconduct or Safe Sport concerns do not have to be raised with my coach first and may be reported directly through the appropriate Club or Volleyball BC reporting process.

8. Social Media & Electronic Communication

I will use social media, messaging and other electronic communication responsibly.

I will not post or share content that bullies, harasses, threatens, humiliates or targets another athlete, coach, official, volunteer or member of the volleyball community.

I will follow the Ducks Volleyball Club Social Media Policy and any applicable Volleyball BC requirements.

9. Travel & Facilities

When participating in Club travel, tournaments or activities away from my regular training facility, I will behave responsibly and follow team, Club, accommodation and facility rules.

I will respect Club and facility property and understand that I may be responsible for damage caused by intentional or inappropriate behaviour.

I will follow the Ducks Volleyball Club Travel Policy where applicable.



10. Volleyball BC Standards

I will comply with Volleyball BC's **Code of Conduct and Ethics** and other applicable Volleyball BC policies during Volleyball BC-sanctioned activities.

11. Club Policies & Consequences

I understand that I am expected to follow this Code of Conduct and other applicable Ducks Volleyball Club policies.

Failure to meet these expectations may result in appropriate corrective or disciplinary action. Depending on the circumstances and seriousness of the conduct, consequences may include a warning, behavioural expectations, restriction from activities, suspension or removal from a team, program or the Club.

Any complaint or disciplinary matter will be addressed in accordance with applicable Ducks Volleyball Club and/or Volleyball BC policies.

Athlete Acknowledgement

By registering for or participating in a Ducks Volleyball Club team, program or activity, I confirm that I have read, understood and agree to follow the **Ducks Volleyball Club Athlete Code of Conduct**.

I understand that being a Ducks athlete means being accountable for my behaviour and treating my teammates, coaches, opponents, officials and volleyball community with respect.

Forever Fearless. Forever Family. Forever A Duck.